HOLISTIC DENTISTRY-A STEP BEYOND CONVENTIONAL REALMS

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Holistic dentistry is the modern day approach to impart standard dental care to patients. Although the concept of holism is deep rooted in our culture, however for quite long this link had been missing especially with respect to dental treatment. The global scenario is changing and with more impetus being laid on mind, body and soul, the health sector has also witnessed holistic medicine and dentistry as an emerging trend.

A holistic dentist is one who considers oral cavity as a mirror for patients’ overall health, believes mouth and body to be interconnected and promotes health and well being of an individual by balancing physical, mental and energy levels with a natural and biologic approach.

This presentation would highlight practices which we can adapt and implement in the routine dental treatment to ensure holistic healing of our patients.